

The book was found

# High Blood Pressure And Chronic Hypertension Treatment With Nutrition, Integrative Medicine, And Functional Medicine

## HIGH BLOOD PRESSURE AND CHRONIC HYPERTENSION TREATMENT WITH NUTRITION, INTEGRATIVE MEDICINE, AND FUNCTIONAL MEDICINE

Dietary, Nutritional, Botanical, Surgical, and Manipulative Therapeutics  
with Concepts, Perspectives, Algorithms, and Protocols for the Safe  
and Effective Management of Chronic High Blood Pressure

*The art of co-creating wellness  
while effectively managing  
common health disorders*



**DR. ALEX VASQUEZ**

**OPTIMALHEALTHRESEARCH.COM**

Forewords by

Dr Joseph Brimhall, President, University of Western States  
Dr David Jones, President, Institute for Functional Medicine



## Synopsis

“High Blood Pressure and Chronic Hypertension Treatment with Nutrition, Integrative Medicine, and Functional Medicine” is a digital excerpt from the paper-print textbook “Integrative Medicine and Functional Medicine for Chronic Hypertension”. These books review with excellent detail the various options (the four main diet patterns, nutritional supplements, botanical medicines, surgical approaches, chiropractic adjustments, osteopathic manipulation, and others) that are available for the treatment of high blood pressure. Numerous diagrams, photographs, and citations to research are provided. Dr Alex Vasquez is uniquely qualified to be the author of this book because he is the only clinician to have achieved three separate doctorate degrees from fully-accredited American universities in three separate healthcare professions: Doctor of Chiropractic, University of Western States (March 1996), Doctor of Naturopathic Medicine, Bastyr University (September 1999), Doctor of Osteopathic Medicine, University of North Texas Health Science Center (May 2010). Dr Vasquez lectures internationally to doctors, maintains a private practice in Portland Oregon, and continues to write books and articles for professionals and for the general public.

## Book Information

File Size: 3663 KB

Print Length: 398 pages

Publisher: BookBaby (October 12, 2011)

Publication Date: October 12, 2011

Sold by: Digital Services LLC

Language: English

ASIN: B005VI4NWC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,215,289 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #95

in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > High Blood Pressure

#2688 in Kindle Store > Kindle eBooks > Medical eBooks > Alternative & Holistic #10322

[Download to continue reading...](#)

Blood Pressure: High Blood Pressure, Its Causes, Symptoms & Treatments for a long, healthy life.: Plus 9 Free Books Inside. (Blood Pressure, High Blood ... Hypertension, Blood Pressure Solutions.) High Blood Pressure and Chronic Hypertension Treatment with Nutrition, Integrative Medicine, and Functional Medicine High Blood Pressure Cure: How To Lower Blood Pressure Naturally in 30 Days (Alternative Medicine, Natural Cures, Natural Remedies, High Blood Pressure ... Cures for High Blood Pressure, High BI) Blood Pressure: Blood Pressure Solution : The Ultimate Guide to Naturally Lowering High Blood Pressure and Reducing Hypertension (Blood Pressure Series Book 1) Blood Pressure: Blood Pressure Solution: 54 Delicious Heart Healthy Recipes That Will Naturally Lower High Blood Pressure and Reduce Hypertension (Blood Pressure Series Book 2) Blood Pressure Solution: 30 Proven Natural Superfoods To Control & Lower Your High Blood Pressure (Blood Pressure Diet, Hypertension, Superfoods To Naturally Lower Blood Pressure Book 1) HIGH BLOOD PRESSURE: Blood Pressure Solution: The Step-By-Step Guide to Lowering High Blood Pressure the Natural Way, Natural Remedies to Reduce Hypertension Without Medication BLOOD TYPE DIET : Eat recipes according to blood type(blood diet,blood type diet o,blood type diet b,blood type cookbook,blood type a diet,blood type a cookbook,blood type ab,blood type book) Blood Pressure: Blood Pressure Solution: The Step-By-Step Guide to Lowering High Blood Pressure the Natural Way in 30 Days! Natural Remedies to Reduce Hypertension Without Medication Blood Pressure Solution: How to lower your Blood Pressure without medication using Natural Remedies (Natural Remedies, Blood Pressure, Hypertension) Pressure Cooker: 365 Days of Electric Pressure Cooker Recipes (Pressure Cooker, Pressure Cooker Recipes, Pressure Cooker Cookbook, Electric Pressure Cooker ... Instant Pot Pressure Cooker Cookbook) High Blood Pressure Explained: Natural, Effective, Drug-Free Treatment for the "Silent Killer" (Blood Pressure, Hypertension, Heart Health, Naturopathy, Natural Remedies) Blood Pressure Solutions:Blood Pressure: 28 Super-foods that will naturally lower your blood pressure (super foods, Dash diet,low salt, healthy eating) What Your Doctor May Not Tell You About(TM): Hypertension: The Revolutionary Nutrition and Lifestyle Program to Help Fight High Blood Pressure (What Your Doctor May Not Tell You About...(Paperback)) Textbook of Clinical Nutrition and Functional Medicine, Vol. 1: Essential Knowledge for Safe Action and Effective Treatment (Inflammation Mastery & Functional Inflammology) Program 120 Male Handbook B: A Referenced Guide to Testosterone, Thyroid, HGH Human Growth Hormone, High Blood Pressure, Hypertension, Impotence, Osteoporosis, ... Medicine Patient Handbooks for Males) Blood Pressure Solution: How To Prevent And Manage

High Blood Pressure Using Natural Remedies Without Medication High Blood Pressure: How to Lower Blood Pressure Naturally and Prevent Heart Disease High Blood Pressure: Lowering the Blood Pressure Naturally Hypertension and You: Old Drugs, New Drugs, and the Right Drugs for Your High Blood Pressure

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)